

# Dr. Lance Armstrong, Class of 1979

Lance Armstrong, who is celebrating his 10th year of chiropractic practice here, knows how to give back to the community.

A 1979 graduate of Cocoa Beach High School, Armstrong supports student groups and athletic teams at his alma mater and volunteers as the football team's doctor. He supports the Minutemen by letting organizations have car washes one Saturday per month at his clinic. He supplies the site, the water, and also the muscle, getting out there himself washing cars during the 9 a.m. to 2 p.m. car washes. He rubbed, scrubbed and sprayed cars during a Sept. 8 car wash that netted the Cocoa Beach Jr./Sr. High School Band \$723.

"The students must do their part," Armstrong, said, adding, "I am willing to help those who help themselves." He said he looks forward to helping out with upcoming car washes at 1401 N. Atlantic Ave. The remaining Saturday car washes for the Cocoa Beach fall school term include: this Oct. 6 to benefit the JROTC; Nov. 3, to benefit the Robotics team; and Dec. 1, to benefit the soccer teams.

"I enjoy helping the CBHS students and also my community," Armstrong said.

He gives credit to his fellow Cocoa Beach Kiwanis Club members and members of the Cocoa Beach Elks Lodge, who co-sponsor the car washes. "You can always count on these great individuals being there to help out," he said, adding, "The fine folks of the Elks and Kiwanis are always there to organize the car washes, feed and hydrate the students, they are critical to the success, especially Jim Dickson."

Armstrong will become vice president of the Cocoa Beach Kiwanis in October and will be the president of the club in 2008-09 following Mary Smack's presidency. "I was at a meeting, went back to the buffet for seconds, and they had voted me VP," he said.

Armstrong also has supporters. "He (Armstrong) is an incredible person," Smack said, adding, "He is continually giving to the community, unselfishly."

Armstrong was named Cocoa Beach Kiwanian of the Year in 2005-06. A member of the Cocoa Beach Chamber of Commerce and Military Affairs Council for the past 10 years, his clinic has been nominated for "Small Business of the Year" about six times.

"We are committed to helping the troops and vets in our area," he said.

Armstrong was the chairman of the "80th Anniversary of Cocoa Beach" event, and entertainment chairman for each of the subsequent anniversary events at City Hall. He also served as chairman of the Indian River Festival for two years, and was president of the Business Improvement Council of Cocoa Beach in 2000-01.



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